





# 2018 Road Clinic Application

Corporate Office • 13635 FM 3025 • Stephenville, TX 76401  
events@downunderhorsemanship.com • 888-287-7432

## IMPORTANT:

**Payment Policy:** An approved, completed application with deposit representing 50% of the clinic fees will successfully endorse the participant and reserve their clinic spot. Payment in full will be due no later than 60 days prior to the clinic start date in order to guarantee participant's spot.

**Cancellation Policy:** Downunder Horsemanship reserves the right to cancel a course due to unforeseen circumstances beyond our control. Such decisions will be made at least two weeks before the scheduled course date. If a course is cancelled by Downunder Horsemanship, you will be entitled to a full refund or the option to transfer to another date.

**Refund Policy:**

- Cancellation 120 days before the clinic: 50% deposit refunded.
- Cancellation 120-60 days before clinic: 25% deposit refunded.
- Cancellation 60 days or fewer before clinic: No refund.

The same horse and rider combination who sign up for the clinic is the only horse and rider team to participate throughout the duration of the clinic. If you decide to not participate in the clinic, or are unable to complete the clinic, no one else can participate in the clinic with your horse. This rule is in place to ensure that all clinic participants receive the best instruction possible. Those who enter the clinic late will not know all of the same information everyone else in the class has received up to that point.

**Check In:** Thursday 2-5 pm or Friday 8:00 am. Please let Downunder know what day you plan on checking in.

## Requirements and Checklist

The Fundamentals Clinic will cover the exercises featured on Clinton Anderson's **Fundamentals training DVDs**. You must be able to answer yes to all of the questions below before you can sign up for the Fundamentals Clinic. *Important Note: If you do not meet the clinic requirements, you will be asked to leave the clinic without refund.*

- I understand that Clinton Anderson will personally teach no less than 50% of the Clinton Anderson clinics. The remaining time will be taught by a Certified Clinician.**
- Clinton's character and personality are the driving force of Downunder Horsemanship and key to his success as a clinician. During the course of the clinic, you will experience Clinton's full character. He has an incredible amount of knowledge to share and will help you achieve great results with your horsemanship. He's entertaining. He swears. He tells racy jokes. He's politically incorrect. And he doesn't apologize for who he is nor will his team apologize for him. Clinton is Clinton.  
I am fully aware that Clinton has a unique personality and sense of humor. I am aware that Clinton's instructional sessions will include profanity and statements that are not PG-13 nor politically correct.

### My Personal Details:

- I am at least 18 years old.**
- I understand that this is a physically demanding clinic. I am healthy and able to participate in the clinic.**
- I will be responsible for the health, care, cleaning stalls and feeding of my horse throughout the entire clinic.**

*A Clinton Anderson clinic is a physically demanding experience that will require you to be outside on your feet 8-plus hours a day doing strenuous activity such as walking and running across the arena, rotating your arms in hundreds of circles, crouching forward, maintaining your balance in the saddle, etc. It's a full day of work followed by taking care of your horse (grooming, saddling, unsaddling, feeding, cleaning his stall, etc.). If you have a bad back, weak knees or any sort of medical condition that will prevent you from keeping up with the demands of the clinic, it would be best to schedule a private lesson with a Clinton Anderson Professional or Certified Clinician who can cater to your needs.*

### My Horse's Ability:

- I am confident riding my horse on a loose rein at the walk, trot and canter in a large group setting.**  
You must be confident riding the horse you plan to bring to the clinic on a loose rein at the walk, trot and canter in the last 30 days. If you cannot walk, trot and canter the horse you're bringing to the clinic on a loose rein without grabbing a hold of the saddle horn, gripping the horse's sides tightly with your legs or grabbing a hold of the reins, you are not ready to participate in a Clinton Anderson Clinic. These clinics are not designed for the beginner rider learning how to develop balance and a secure seat. You must have a good independent seat at the walk, trot and canter. An independent seat means that you don't need the reins or your legs to stay in the saddle. The best way to develop an independent seat and gain confidence in riding on a loose rein is experience. The more horses you ride and the more time you spend in the saddle, the better your seat will get. If you're not able to walk, trot and canter on a loose rein, then Clinton highly recommends contacting his Professional or Certified Clinicians to schedule a private lesson. The Clinicians will be able help you develop your seat and build your confidence.
- I am confident cantering my horse on a loose rein in a group setting with 20 other horses.**  
Not only must you be able to walk, trot and canter the horse you're bringing to the clinic on a loose rein, but you must also be confident cantering in a group setting with 20 other horses on a loose rein. If you or your horse gets nervous or upset if a person rides near you, you're not ready for a Clinton Anderson Horsemanship Clinic. Before deciding to participate in a clinic, test yourself to see if you and your horse are able to walk, trot and canter on a loose rein in a group situation.  
**Important Note:** *If you cannot confidently canter your horse on a loose rein in a group environment, you will be asked to sit out the entire riding portion of the clinic. No refunds will be given.*

Below are several responses we've heard in the past from unsuccessful clinic participants:

- *I cantered my horse 3 years ago.*
  - *I cantered when I was a kid, but I haven't cantered since.*
  - *I cantered my friend's horse, but never cantered my own horse.*
  - *My trainer can canter my horse, but I'm afraid to.*
  - *I cantered my horse two months ago, but he bucked me off and now I'm afraid to canter.*
  - *I'm OK cantering as long as I'm not riding with a group of people.*
- None of these responses are acceptable.**

## Requirements and Checklist

### My Horse's Ability:

- I am participating with a horse, not a donkey or a mule.
- My horse is a mare or gelding.
- My horse is not a stallion.
- My horse that I am participating on has had at least 60 rides.

This is to ensure that your horse is prepared for the clinic. He should have received 60 rides within the last 90 days with **you** in the saddle. If your horse was ridden three years ago, but you haven't ridden him since, he's not ready for the clinic. It's important for your safety, other participants' safety, your horse's well being and your education that the horse you bring to the clinic is well-prepared. You should be confident riding him on a loose rein at the walk, trot and canter.

- My horse is reasonably manageable, both on the ground and under saddle.
- I understand that Clinton and/or a Clinician will not be able to spend extra time with my horse to the point of disrupting the rest of the class.  
Keep in mind that there are 19 other participants in the clinic who are there to learn from Clinton and advance their knowledge of the Method. Clinton cannot stop the clinic to give one person who is afraid to canter a private lesson. While Clinton has Certified Clinicians at each clinic to help him assist everyone, his job is to spend his time as evenly as possible between all participants and help everyone. Be honest with yourself when you're assessing the horse you plan to bring to the clinic.

### Required Documentation:

- I agree to bring with me a **photocopy** of my horse's current negative **Coggins test**. This copy will be retained by Downunder Horsemanship permanently.
- I agree to bring with me a **photocopy** of my horse's current **Health Certificate**. This copy will be retained by Downunder Horsemanship permanently.  
*Important Note: There will not be a photocopier at the clinic. Please have your horse's documentation copied prior to the clinic.*

### Required Equipment: I understand that I need to bring the following equipment in order to participate in the clinic.

- Riding boots. Proper riding boots with a heel are required. No flip flops, tennis shoes or footwear other than approved riding boots will be allowed in the arena.
- Downunder Horsemanship Rope Halter and 14' Lead rope.
- Handy Stick and String.
- Bridle with Snaffle Bit and chin strap (Mecate reins or loop reins with a spanker are highly recommended). **NO SHANK BITS.**
- Well fitting saddle and saddle pad with correctly sized girth.
- Extra girth in a smaller size in case your horse loses weight over the duration of the clinic.  
Most horses shed a few pounds throughout the clinic, so be sure to bring an extra girth that is 2 to 4 inches shorter than your original girth. That way you're prepared and can still participate in the clinic. (Girths can be purchased from the Downunder Horsemanship store as well.)
- Long Line required for Intermediate and Advanced Clinics.

By checking here I certify that I have read the requirements and information presented to me by Downunder Horsemanship.

**Refund Policy:** • Cancellation 120 days before the clinic: 50% deposit refunded.  
• Cancellation 120-60 days before clinic: 25% deposit refunded less \$250 administration fee.  
• Cancellation 60 days or fewer before clinic: No refund.

**I understand that falsification of any information may result in my expulsion from the clinic without a refund.**

**Signature** \_\_\_\_\_



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## Medical History and Emergency Contact

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Female  Male

Clinic Helper Name: \_\_\_\_\_ Contact # \_\_\_\_\_

Female  Male

### Whom to Contact in Case of Emergency

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

### Do you have or have you had any of the following in the last 12 months?(If yes please explain)

	Yes	No		Yes	No
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	Hypoglycemia	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Impaired Hearing	<input type="checkbox"/>	<input type="checkbox"/>
Blood Clots	<input type="checkbox"/>	<input type="checkbox"/>	Impaired Vision	<input type="checkbox"/>	<input type="checkbox"/>
Convulsions	<input type="checkbox"/>	<input type="checkbox"/>	Infectious Disease	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	Mental Illness	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Muscle/Joint Disorders	<input type="checkbox"/>	<input type="checkbox"/>
Emphysema	<input type="checkbox"/>	<input type="checkbox"/>	Neck/Back Injuries	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	Need Special Equipment	<input type="checkbox"/>	<input type="checkbox"/>
Fainting	<input type="checkbox"/>	<input type="checkbox"/>	Pregnancy (currently)	<input type="checkbox"/>	<input type="checkbox"/>
Head Injury	<input type="checkbox"/>	<input type="checkbox"/>	Severe Pain	<input type="checkbox"/>	<input type="checkbox"/>
Skin Disorders	<input type="checkbox"/>	<input type="checkbox"/>	Heart/Cardiac Condition	<input type="checkbox"/>	<input type="checkbox"/>
Surgeries	<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>
Unconsciousness	<input type="checkbox"/>	<input type="checkbox"/>			

Current Medications: \_\_\_\_\_

I acknowledge the clinics will be physically demanding and I am able to participate.

Signature \_\_\_\_\_

Date \_\_\_\_\_



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## Release for the use of Photo, Name, and/or Story

I consent to the use of my picture, videotaped image or likeness and/or name and any related narrative by Downunder Horsemanship in any news story, publication, video, training material or advertising of any kind or in any manner in which Downunder Horsemanship may decide to use it.

I am 18 years of age or older and am competent to sign in my own name. I have read this release before signing below and I fully understand the contents, meaning, and impact of this release.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

Please read over the list of exercises and make sure you are able to perform each exercise with the horse that you plan to participate with. Clinics are meant as a way for Clinton to critique your understanding and execution of the Method. Last but not least, please keep in mind Clinton and all of the Downunder Horsemanship Staff consider having a sense of humor as a key ingredient of the company's culture. In saying this Clinton nor his staff will ever purposefully go out of their way to offend anyone, however, if you're easily offended by off-color language, practice "political correctness", are hyper-sensitive, or are a classic "tree-hugger" in all likelihood you won't enjoy the clinic. If, at any point during the clinic you're unhappy to the point of wanting to leave Clinton will happily refund your money for the unused remaining portion of the clinic. Remember in the end it's your choice to be there or not. If however, you're pretty thick-skinned, not easily alarmed or offended by occasional coarse language, are definitely not a classic "tree-hugger", and don't practice "political correctness" in any shape manner or form you'll have an awesome experience!

The better understanding you have of the basics of horsemanship, the better prepared you and your horse will be to excel in the higher levels. Please also keep in mind that there are 19 other participants in the clinic and Clinton has to divide his time evenly among everyone. If you inadequately evaluate your ability or your horse's ability, you'll take away from other participants' clinic experience and not receive the help you need.

## FUNDAMENTALS CLINIC: EXERCISES

### Fundamentals Groundwork

1. Roundpenning Exercises
2. Desensitizing to the Lead rope
3. Desensitizing to the Stick and String – all 3 sides
4. Yield the Hindquarters
  - a. Stage 1
  - b. Stage 2
5. Backing Up
  - a. Method 1
  - b. Method 2
  - c. Method 3
  - d. Method 4
6. Yield the Forequarters
7. Lunging for Respect Stage 1
8. Flexing
  - a. Steady Pressure
  - b. Bumping on the Halter
  - c. Poke and Flex
  - d. Flex from Opposite Side
9. Sending Exercise
10. Circle Driving
11. Lunging for Respect Stage 2
12. Leading Beside
13. Fundamental Desensitizing
  - a. Slap and Walk
  - b. Headshy Exercises
  - c. Helicopter Exercise

### Fundamentals Riding

1. Flexing with Bridle on the Ground
2. Flexing at a Standstill (under saddle)
3. One Rein Stops
4. Cruising Lesson
5. Follow the Fence
6. Diagonals
7. Touch and Rub Exercise (on the ground)
8. Yield the Hindquarters at a Standstill
9. Yield to a Stop
10. Bending at the Walk
11. Bending Transitions
12. Vertical Flexion at a Standstill
13. Draw to a Stop
14. Yield the Hindquarters and Back Up